

Athlete's Code of Conduct

I, _____, hereby pledge to honor and support the _____ by adhering to the Athletic Code of Conduct as stated below.

I WILL...

- STRIVE FOR EXCELLENCE IN ALL I DO AND BE A GOOD ROLE MODEL.
- Strive to protect the integrity of the sport by being honest.
- Give maximum effort and always do my best.
- Fulfill my obligations by being dependable, self-disciplined and responsible.
- Refrain from any behavior that is unwelcome, offensive, creates a hostile environment or is demeaning to fellow athletes, including the use of foul language or gestures.
- Show respect for opponents, coaches, officials, parents, and spectators.
- Not brag when winning and will use constraint and poise when losing.
- Avoid using tobacco, alcohol, performance-enhancing drugs, including steroids, or mind-altering recreational drugs.
- Discourage teammates to perform any form of trickery or evasion of rules in order to gain advantage over an opponent.
- Play by the rules of the game and not lie, cheat, or steal and encourage my teammates to do the same.
- Promote clean living and strive for good health.
- I WILL BE A TEAM PLAYER AT ALL TIMES AND STRIVE TO MAKE SPORTSMANSHIP MY #1 PRIORITY.

I have read and understand the above statements and agree to conduct myself in a manner consistent with this Code of Conduct.

Signature of Athlete

Date _____

Signature of Parent/Guardian (Optional)

Date _____

